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Create·A·Story**

**Expressive Artist, Art Therapist, REAT
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In developing Create·A·Story I have come to understand and appreciate how important our bodies are in all we do and become. In a very big way, they hold our stories. I feel our life's blueprint is recorded in every cell, as well as every memory, joyful and painful. To actualize our potentials in the most creative way possible, I believe energy work and art making can be a great source of support, healing and renewal. We must be fully present in our bodies to actualize our goals and reach our visions. But to reach our visions, we must know our stories. As parents, educators and artists, I know this to be essential. I encourage all of us to take the time to receive and participate in this work regularly. The trinity of the imagination, the body and the soul plays a very essential role in becoming conscious, creative and whole.

I invite you to join me in these ancient practices of healing. In this sacred rainbow work, we will come together to learn our stories, grow in awareness and actualize our potentials. Today this is very important for ourselves, and our children. It is a very responsible and practical step in creating and supporting a peaceful and united world vision. In doing this, we will find our roots, grow our wings and learn to touch the sky.

Artful Imaginings,



CLAUDIA A. RAPHAEL

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PEACE ON EARTH

Rainbow Therapy



FROM
Create·A·Story

AN IMAGINAL
STUDIO

Create·A·Story

Presents

Rainbow Therapy

An envisioning process that invites interfacing with the mythic imagination, the body's wisdom, and the soul's journey.

RAINBOW WORK is an ancient healing practice that integrates color, energy therapy and the creative arts, giving children and families the opportunity to align with their body's wisdom, regain balance and actualize their soul's potential.

The metaphor of the soul refers to that part of the child's being that holds the destiny, the potential and the innate gifts or talents. Often along the way, especially in light of today's high tech and fast moving life styles, this soul aspect or "soul seed" can become dislodged, creating much energy loss. Such dislodgement and energy loss can manifest in a variety of symptoms, unfortunately often found in many of our children's lives such as: hyperactivity, restlessness, resistance, anxiety, separation stress, transition difficulties, and general lack of motivation.

In the rainbow work, we track the three important rivers of life: the mythic imagination, the body's wisdom, and the soul's journey. All three must be vital and flowing for optimum life and energy. The integration of this important trinity opens a dialogue with the Self, creating the possibility of deeper awareness, enhanced vitality, and the unfoldment of one's gifts and talents, contributing to a more meaningful and authentic life story.

Each rainbow session is designed to meet the child's individual needs, supporting his or her innate ability to follow their soul's call.

Rainbow Therapy

is offered by appointment at

Create·A·Story Studio

Also available are:

School visits • Hospital visits

Educational Workshops

Teaching the Principles of
Rainbow Therapy for Educators,
Therapists, & Parents



In "ARTFUL" story, we find our roots and grow our wings.

The language of the inner world or inner reality is quite different from the language of the outer world. This deep part of us speaks in myth, metaphor, image and symbol. This type of language brings messages to us from the deepest part of ourselves. In honoring our story, we honor ourselves. The work of creating Sacred Art is very transformational and healing. Through this process, we come to know ourselves in a new way. This work nurtures our imaginations, building our confidence in hearing and embracing our own innate wisdom. This process helps us contact our own inner "Wise Guide". This can be very helpful during times of change and transition. Often during our journey through life, we find we must stop and take another look, or a new look at ourselves. Change requires this of us, and art making offers a very important source of inspiration and renewal during these times, both for our children and ourselves.

A great experience for all ages.